

Eligibility

This service is available to adult residents of Brighton & Hove who are currently supported under the Care Programme Approach (CPA) and have a named Care Coordinator.

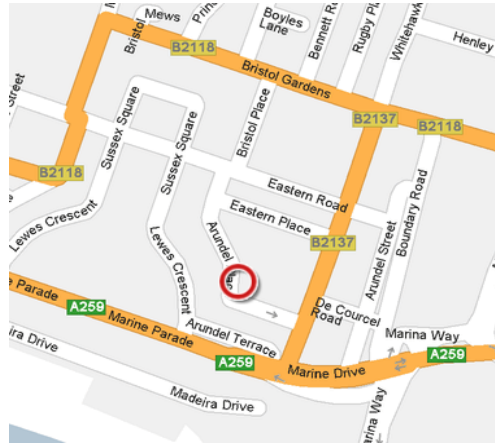


Referrals are usually made by a mental health professional but we can also accept self-referrals, providing you meet the criteria above.

"I would recommend it to anyone in recovery, it eases you into a sense of structure and purpose which is what I personally needed the most."

- Current Client

Where to find us



We are on the 7 and 1 bus routes which stop just a few yards from Arundel Place on Eastern Road and the 14 which stops on Marine Parade.

Limited Editions

8 Arundel Place

Brighton

East Sussex

BN2 1GD

Phone: 01273 571373

E-mail:

limitededitions@careco-ops.org.uk

Website: www.careco-ops.org.uk

Limited Editions

'Working creatively towards mental wellbeing'



**Unleash your creativity!
Discover new talents!**

A Care Co-ops Project



Limited Editions is part of the Routeway Service at Care Co-ops



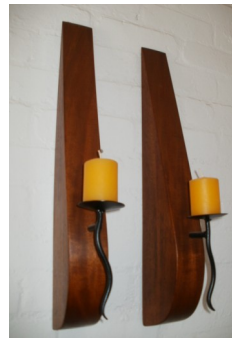
What we do...

We provide a free service to Brighton and Hove residents with mental health support needs. We offer opportunities to learn new skills whilst building self confidence and self-esteem to support well being and recovery.



Structure & Purpose

The service aims to prepare clients for further training and employment through our six to twelve month supported placements.



We operate at least two workshop sessions each week. The main sessions are run on Tuesdays and Thursdays, from 9.30am to 4pm, with structured work focus and scheduled breaks.

This provides a similar environment to actual employment.

“Limited Editions is an amazing place to express your creative energies and gain artistic confidence in a relaxed and supportive environment” - Sylvia

To familiarise new clients with the service, we provide a six week induction programme during which time the client can gain experience in different areas of the workshop before deciding which activities they would like to pursue.



At Limited Editions, clients create a wide range of products from handcrafted corkboards, mirrors, lamps and clocks to necklaces, fridge magnets and hand-made cards.



Wherever possible we use reclaimed or recycled materials.

As part of Care Co-ops, we operate as a social enterprise. We sell our products locally and reinvest the profits into the project.



“I am glad for Limited Editions because coming here is helping me recover” - Phil

What's next?

We offer a Responsible Volunteering programme for clients to progress within the service and support clients to pursue their work and learning goals.

Previous clients have gone on into employment, voluntary work, training, further education or even to start their own businesses. The possibilities are limitless.

As well as in-house advice and guidance, we have links with other organisations locally who can help with the practicalities of job seeking and self-employment.